This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

Claims 1-14 (Cancelled).

claim 15 (Currently Amended): A self-carrying single layer plastic film having release properties towards adhesives and being adapted to be releasably disposed on an adhesive, comprising materials having release properties towards adhesives, wherein the materials having release properties comprise silicone compounds incorporated as additives within the plastic film and are extruded together with said film without a support layer, said materials being bound within the film so as to prevent substantial diffusion of said materials into the adhesive when said film is disposed thereon.

Claim 16-18 (Cancelled)

Claim 19 (Previously Presented): The plastic film according to claim 15, wherein the materials having the release properties are embedded into a matrix of the plastic film.

Claim 20 (Previously Presented): The plastic film according to claim 15, wherein the materials having the release properties further comprise inorganic fillers.

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Claim 21 (Cancelled).

Claim 22 (Previously Presented): The plastic film according to claim 15, wherein the thickness of the plastic film is about 5 um.

claims 23-31 (Cancelled).

Claim 32 (Currently Amended): A self-carrying plastic film adapted having a thickness of about 5 µm to be releasably disposed on an adhesive, comprising materials having release properties towards adhesives, wherein the materials having release properties comprise silicone compounds and polyolefin compounds incorporated as additives within the plastic film and are extruded together with said film, said materials being bound within the film so as to prevent substantial diffusion of said materials into the adhesive when said film is disposed thereon.

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